

Clackamas Community College
Online Course/Outline Submission System

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Section #1 General Course Information

Department: Nursing

Submitter

First Name: Sue

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Course Prefix and Number: NRS - 221

Credits: 3

Contact hours

Lecture (# of hours): 33

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title: Chronic Illness II and End of Life

Course Description:

This course builds on Foundations of Nursing in Chronic Illness I. Chronic Illness II expands the student's knowledge related to family care giving, symptom management and end of life concepts. These concepts are a major focus and basis for nursing interventions with patients and families. Ethical issues related to advocacy, self-determination, and autonomy are explored. Complex skills associated with the assessment and management of concurrent illnesses and conditions are developed within the context of patient and family preferences and needs. Skills related to enhancing communication and collaboration as a member of an interprofessional team and across health care settings are further explored. Exemplars include patients with chronic mental illness and addictions as well as other chronic conditions and disabilities affecting functional status and family relationships. The course includes classroom and clinical learning experiences.

Type of Course: Career Technical Preparatory

Is this class challengeable?

No

Can this course be repeated for credit in a degree?

No

Is general education certification being sought at this time?

No

Does this course map to any general education outcome(s)?

No

Is this course part of an AAS or related certificate of completion?

Yes

Name of degree(s) and/or certificate(s): Nursing AAS

Are there prerequisites to this course?

Yes

Pre-reqs: NRS-222, NRS-222C, NRS-232, NRS-233

Have you consulted with the appropriate chair if the pre-req is in another program?

No

Are there corequisites to this course?

Yes

Co-reqs: NRS-221C

Are there any requirements or recommendations for students taken this course?

No

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

Yes

Have you talked with a librarian regarding that impact?

Yes (A 'Yes' certifies you have talked with the librarian and have received approval.)*

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

No

GRADING METHOD:

A-F Only

Audit: No

When do you plan to offer this course?

✓ **Winter**

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

No

Will this course appear in the college catalog?

Yes

Will this course appear in the schedule?

Yes**Student Learning Outcomes:**

Upon successful completion of this course, students should be able to:

1. conduct a health assessment that is in-depth, evidence-based, family-centered, and both developmentally and culturally appropriate, interpret health data, focusing on:
 - a. functional issues associated with complexities of co-morbid conditions in relation to ADL's and IADL's,
 - b. manifestations of psychiatric diagnoses and their impact on patient self-care,
 - c. psychosocial issues and the impact of the illness on individual development and family function,
 - d. the patient's personal, social and cultural interpretation of the meaning of the illness and the impact on the patient's family,
 - e. capacity for and engagement in self-care,
 - f. opportunities for health behavior change;
2. applies evidence-based nursing practices in support of patient and family in self health care management across the lifespan to:
 - a. establish meaningful relationships with patients/families,
 - b. support patient and family in development of self-health care management,
 - c. address caregiver needs for preparedness and predictability with regards to the management of symptoms/manifestations for specific disorders,
 - d. assess family strengths and resources, caregiver role strain, and capacity to provide care;
3. incorporate measures to enhance quality of life in the plan of care by:
 - a. facilitating patient in developing their personal definition of quality of life,
 - b. addressing patient needs for preparedness and predictability;
4. identify and use community resources to provide support for the patient and family caregiving by:
 - a. supporting the patient in negotiating the health care settings,
 - b. assessing appropriateness of resources in meeting the patient/family needs (e.g. accessibility, financial feasibility, acceptability),
 - c. developing interprofessional collaboration for the provision of care;
5. communicate with agencies involved in patient care to assure continuity of care across settings (e.g. schools, day care, adult foster care, etc.) by:
 - a. negotiating with others to modify care,
 - b. advocating for patients;

6. utilize nursing- and inter-professional based-knowledge of death and dying trajectories to support patients/families across the life-span who are experiencing transitions at the end of life:
 - a. describing the epidemiology of dying (where, when, how people die), dying trajectories across the lifespan,
 - b. using developmentally and culturally appropriate communication with patients and families at EOL,
 - c. using appropriate assessment techniques for individuals and families experiencing life threatening illness;
7. analyze the impact of health care delivery system issues, policy and financing on individual and family health care needs for chronic illness and end of life care by:
 - a. comparing basic funding mechanisms,
 - b. identifying decision-making issues for chronic care based on funding resources,
 - c. assessing appropriateness of resources in meeting the patient/family needs (e.g. accessibility, financial feasibility, acceptability).

This course does not include assessable General Education outcomes.

Major Topic Outline:

1. Concepts of increased complexity in chronic illness.
 - a. Symptom management in chronic illness and end of life.
 - b. Palliative care.
 - c. Case/Care management.
 - d. Chronic mental illness.
 - e. Substance abuse and addictions.
 - f. Ethical/legal considerations in chronic care/end of life.
 - g. Health care systems and financing.
2. Advocacy.
3. Communication.
4. Evidence-based best practices, e.g. core measures and National Patient Safety Goals [NPSG].

Does the content of this class relate to job skills in any of the following areas:

- | | |
|--------------------------------------|-----------|
| 1. Increased energy efficiency | No |
| 2. Produce renewable energy | No |
| 3. Prevent environmental degradation | No |
| 4. Clean up natural environment | No |
| 5. Supports green services | No |

Percent of course: 0%

First term to be offered:

Specify term: Winter 2016
